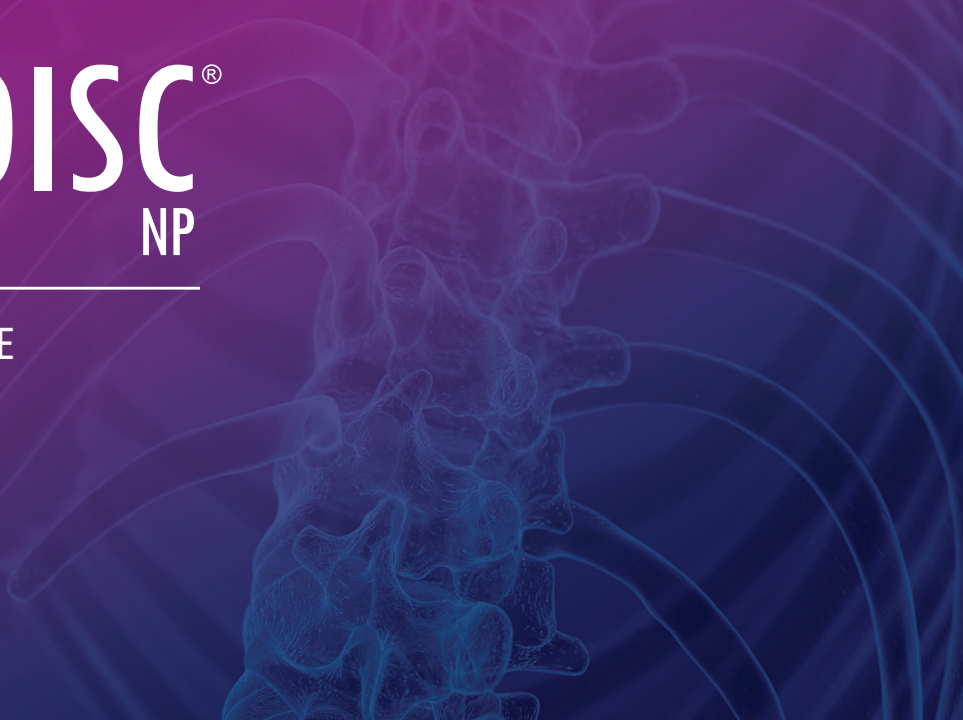


VIADISC[®]

NP

➤ PREP GUIDE



STEP 1

Open the outermost package.
(NOT STERILE)

STEP 2

Open the secondary peel pouch containing the green mixing system to the sterile field.

STEP 3

Open the following recommended sterile supplies to the sterile field:



ALLOGRAFT PREP	QUANTITY
3mL Syringe	2
18G Hypodermic Needle	2

PROCEDURE	QUANTITY
20G Spinal Needle	1
18G Spinal Needle	1



STEP 4

Mix the **dry** VIA Disc® NP by rotating the green dial on the bottom of the mixing system back and forth for 30 seconds.



STEP 5

Using a sterile 3mL syringe and a sterile 18G hypodermic needle, draw up **2mL of injectable sterile saline** (0.9% Sodium Chloride solution) and inject into the center of the green stopper of the mixing system. Remove the syringe and needle after the saline is injected into the mixing system.



STEP 6

Mix the VIA Disc NP and saline by rotating the green dial on the bottom of the mixing system back and forth for 30 seconds.



STEP 7

Place the mixing system down on the sterile field and let **rest for 10 minutes** to ensure proper absorption.



STEP 8

After 10 minutes has elapsed, **gently mix** the VIA Disc NP and saline using a steady pace by rotating the green dial on the bottom of the mixing system back and forth for 30 seconds.



STEP 9

Invert the mixing system with the green injection site facing downward. **Gently rotate** clockwise in a circle 5 times and then gently rotate counterclockwise in a circle 5 times.



STEP 10

Using a new sterile 3 mL syringe and a **sterile 18G hypodermic needle**, draw up the contents of the mixing system. The final volume should be approximately 1.5 mL.

NOTE: As necessary, aliquots of .25mL of saline may be added and mixed with a female-to-female adapter to achieve desired final product consistency.



STEP 11

Remove the 18G hypodermic needle from the 3mL syringe. The final VIA Disc NP allograft is now ready to be transplanted immediately and can be passed to the physician.

STEP 12

The physician should attach the 3mL syringe with the VIA Disc NP contents to the **20G spinal needle** and deliver into the center of the disc.

ADDITIONAL PROCEDURE INFORMATION

- Patient positioning, skin preparation, local anesthetic, sedation, and pre-op/post-op protocol should be based on individual practice standards or physician preference.
- Sterile technique and proper personal protective equipment (PPE) should be used throughout preparation and procedure.

For more information, please reference the VIA Disc NP Instructions for Use (IFU) and the VIA Disc NP Procedure Technique Guide.



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MKG-IVP-21
Rev. 02