

MODIFIED PFIRRMANN GRADING SYSTEM FOR LUMBAR INTERVERTEBRAL DISC DEGENERATION

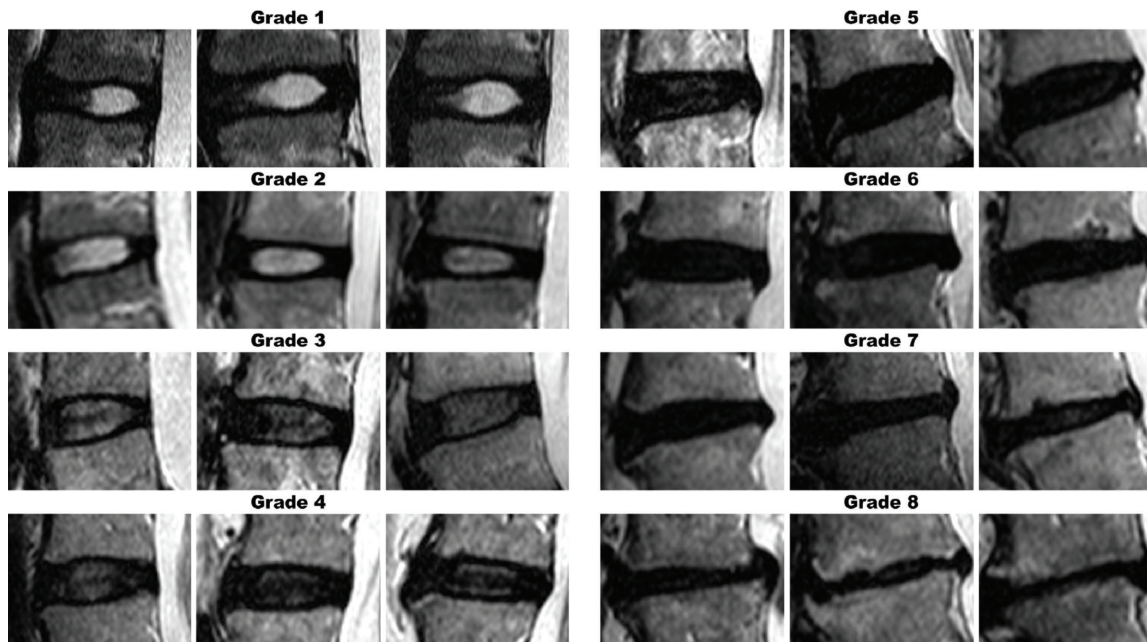


Figure 1 – Pfirrmann grading scale showing increasing severity of disc degeneration¹

➤ PREDICTOR VARIABLES FOR IDENTIFYING DISCOGENIC LOW BACK PAIN

PHYSICAL

- Midline Low Back Pain (with or without leg pain)²
- Pain with Forward Flexion³
- Sitting Intolerance²
- Positive Sustained Hip Flexion Maneuver (in certain patients)⁴

IMAGING

- Mild to Moderate Disc Degeneration¹
- Contained Disc Protrusions
- HIZ Lesions⁵
- Modic Changes of Type II or Less⁵

VIVEX has used reasonable efforts to provide accurate information herein, but this information should not be construed as providing clinical advice, dictating reimbursement policy, or as a substitute for the judgment of a healthcare provider.

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